

## 11A Happiness

• Use at the start of Module 11A, before Reading (CB pp. 150–151).

**Aim:** To generate interest in the topic of happiness. To practise discussing and trying to reach a consensus.

**Time:** 15–20 minutes

**Activity type:** Pairwork. Students rank factors that create happiness.

**Exam focus:** Paper 5 Part 3 (collaborative task)

**Preparation:** Make one copy of the activity (p. 167) for each pair of students.

### Procedure

- 1 Ask students if they feel happy today or not. At this stage try to focus students on superficial things, e.g. *It's raining, It's Friday*, etc. Tell them that in this activity you want them to think about true happiness and contentment.
- 2 Divide the class into pairs and give each pair a copy of the activity.
- 3 Check quickly for any unknown vocabulary. If you feel it's necessary, refer students to the Functions reference on (CB p. 215).
- 4 Set a time limit of 5–10 minutes. (**Note:** in the exam they would have about 3 minutes).
- 5 Students work together to decide which points are more or less important and agree on the three which are the most important.
- 6 Hold class feedback to compare opinions.

### Follow-up

Discuss which of the points in the list are easier or harder to obtain.

## Happiness

Here are some things that might offer 'the secret of true happiness'.

Talk to each other about how important each one is and then choose the three that are most important.



- \* Excellent health and fitness
- \* Being in a stable relationship with a loving partner
- \* Having an interesting and worthwhile job
- \* Material wealth and a high standard of living
- \* Being good-looking and having a great figure
- \* A wide circle of supportive friends and family
- \* Being content spiritually
- \* Achieving promotion and/or respect at work

