

Overview

Watch the video podcast. Whose ideas and opinions are similar to yours?

1 Read Val's introduction and underline the correct words in *italics*. Then watch the video podcast from 0:10-0:34 and check your answers.

Hi. There are a lot of things that I ¹*like/d like* to do that I ²*d've* never done before. I'm not really a dare-devil, ³*so/then* things like bungee jumping are not really my cup of tea ⁴*but/ because* I do know that trying new things ⁵*makes/ make* you feel good. Today, I'm going to talk to people about ⁶*trying/making* new things and achievement. How do you feel about trying new things?



Glossary: *daredevil = likes doing dangerous things; not my cup of tea = not the kind of thing I like*

2 How do you feel about trying new things? Look at the people in the pictures and read their responses. Then watch the video podcast from 0:34-1:07 and match the people to the responses. There are TWO answers for two of the speakers.



A Paul



B Phil



C Elizabeth



D Elin



E Luke

- 1 I'm always up for new things. I love travelling.
- 2 If you try new things, you get more out of life, I think.
- 3 Depends what they are. Obviously, there's some things I wouldn't try, but I'd give most things a go.
- 4 I like to meet new people and try new food, see new places, see different things.
- 5 I love to try new things. I love to travel.
- 6 I always enjoy trying new things.
- 7 I love trying exotic new foods, all that sort of stuff; seeing new cultures.

E

Glossary: *be up for = interested in doing; give something a go = try it; exotic = unusual/ interesting, related to a foreign country*

3 What stops you from trying new things? Look at the people in the pictures in Ex. 2 and read the opinions below. Then watch the video podcast from 1:07-1:37 and write true (T) or false (F) next to each answer.

- 1 Elin thinks that fear would probably stop her.
- 2 Phil thinks it's hard to find the time and money to try new things.
- 3 Paul would try anything new even if he might get injured.
- 4 Luke wouldn't be able to try anything new at the moment because he's got to study hard, and money is also a problem.
- 5 Elizabeth says she has a very strong stomach and could handle any new experience, even if it was dangerous.

T

Glossary: *injured = hurt; handle something = deal with it*

4 What have you achieved in your life that makes you feel proud? Look at the people and read their answers. Then watch the video podcast from 1:39-2:29 and tick (✓) the correct answer: a, b or c.



Phil

1 Phil went to Ethiopia because he wanted to

- a) work with a team.
- b) build houses for needy people.
- c) feel special.



Paul

2 Paul is proud of himself because he's

- a) written a lot of plays.
- b) performed in front of thousands of people.
- c) made people laugh and enjoy themselves.



Elizabeth

3 Elizabeth

- a) thinks she hasn't achieved much in her life so far.
- b) says learning French is easy.
- c) didn't do very well at school.



Luke

4 Luke's very proud because

- a) he passed his exams.
- b) he's doing well at university.
- c) his exam results will help him go to university.



Elin

5 Elin's proud of

- a) being clever.
- b) being a good person.
- c) getting a good job.

Glossary: to perform = entertain people, particularly with music, dance or acting

5 Who do you admire for their achievements and why? Look at the people and read the summaries of their answers, 1-3 and a-c. Then watch the video podcast from 2:30-3:14. Complete answers 1-3 and match them to reasons a-c.



Luke



Elizabeth



Paul

- 1 Luke admires Richard Branson because he ____
- 2 Elizabeth admires _____ because she ____
- 3 Paul admires _____ because he ____

- a suffered a lot but still became the leader of his country.
- b worked hard to become a very rich business leader.
- c has learnt so much from her.

6 Watch the video podcast again from 2:30-3:14 and complete Luke and Paul's answers. Don't worry about the words in *italics* at the moment.



Luke

Probably ¹ *business* leaders such as Richard Branson, as he started off, you know, as, as hardly anything. And then he ² _____ a huge business *empire* and he's a multimillionaire.



Paul

Nelson Mandela. I admire him a lot because, ³ _____ because he was *imprisoned*, which... and he *survived* that for many years and wasn't *bitter*. When he came ⁴ _____ prison I was more *impressed* with him becoming Prime... you know, leading South Africa and *holding the country together* and changing a ⁵ _____. Not many people have the ability or ⁶ _____ to do that.

Glossary: *huge* = very large; *Nelson Mandela* = President of South Africa, 1994-1999

Vocabulary

7 The people in Ex. 6 talk about people they admire. Match the words and phrases in *italics* from Ex. 6 to the meanings 1-6 below.

- | | |
|--|-------------------|
| 1 put in prison | <i>imprisoned</i> |
| 2 keeping the country strong, and not divided | _____ |
| 3 admired/respected | _____ |
| 4 angry for a long time because something bad happened to you | _____ |
| 5 group of companies (or countries) controlled by one person (or government) | _____ |
| 6 managed to live through a serious problem/illness | _____ |

Personalisation

8 Write *your* answers to the questions.

- 1 How do you feel about trying new things?

- 2 What stops you from trying new things?

- 3 What have you achieved in your life that makes you feel proud?

- 4 Who do you admire for their achievements and why?

BBC LINK

The BBC speaks to a selection of African entrepreneurs to find out the secret of their success.
<http://news.bbc.co.uk/1/hi/world/africa/7934763.stm>


