## The Past Continuous Tense

#### Introduction

1) We use the past continuous when we describe a situation, or several situations in progress, happening at the same time in the past. This is often contrasted with a sudden event in the past simple.

[I was working on my computer and my brother was reading a book]<sup>1</sup> [when we heard a loud bang on the door]<sup>2</sup>. 1 - background situation, 2 - sudden event

2) The past continuous is formed with *the past form of the auxiliary verb to be* and the *-ing form of the main verb*. Questions are formed by inverting the subject and the auxiliary verb *to be*. Negatives are formed with the auxiliary verb *to be* + *not*. This is contracted in speech and informal writing.

(+) Jim was playing playing video games all night.

(-) Jim was not playing video games all night./He wasn't playing video games all night.

(?) Was Jim playing video games all night? Why was he playing video games all night?

Some **time markers** can emphasize the duration of the action or state when the action was taking place. These **time markers** are *at 7 o'clock, for two hours, in January, last week, all night etc.* 

Kate was trying to find a nice apartment in her area for 5 months.

We can use when or while with the past continuous to mean 'during the time that'.

*While* they were waiting for the train, it started to rain. James broke his finger **when** he was playing basketball.



Remember that **non-continuous verbs** (e.g. to love, hate, know, want etc.) are not used in any continuous tenses. Use the past simple instead.

I was having fun at the party, but Kim was wanting to go home. I was having fun at the party, but Kim wanted to go home.

# Short Story Dialogue

The past continuous is widely used in daily life.

- Nate, where were you yesterday? I was trying to reach you the whole evening.
- Sorry, Sam, it was such a crazy day!
- Why so?

– Well, my college project was due so **I was running all over the city collecting information.** I needed to write an article so **I was meeting up with people**, **I was even interviewing to strangers in the streets.** 

- That sounds likes a stressful day!
- You bet! While I was interviewing one old lady, a cop came up to me and wanted to see my ID. But that's OK.
  - Did you finish your project at least?
  - Thankfully, yes. I was working on it the whole day!

#### Independent Practice - Past continuous tense

## 1) Underline the correct phrase.

a. Last summer I *was swimming/swam* in the river every day.

b. While I took/was taking a shower, the phone rang/ringed.

c. Ann was breaking/broke a cup when she washed/was washing the dishes.

#### 2) Complete each sentence with a suitable time marker.

at	while	when	in	
a. Sally was working on her thesis 8 o'clock.				
b. Tom was sleeping peacefully in his bed his mom took a picture of him.				
c. I was living in Italy 2009.				
d. A burglar broke into their house they were watching TV.				

#### 3) Answer the questions.

a. What were you doing at 5 p.m. last night?	
b. What were you doing when you heard a phone call?	
c. What was your family doing when you went on a vacation together?	



### Independent Practice: Answers - Past continuous tense

#### 1) Underline the correct phrase.

- a. Last summer I *was swimming/swam* in the river every day.
- b. While I washed/was washing my hair, the phone rang/ringed.
- c. Ann was breaking/broke a cup when she washed/was washing the dishes.

#### 2) Complete each sentence with a suitable time marker.

- a. Sally was working on her thesis at 8 o'clock.
- b. Tom was sleeping peacefully in his bed **when** his mom took a picture of him.
- c. I was living in Italy in 2009.
- d. A burglar broke into their house **while** they were watching TV.

#### 3) Answer the questions. Sample Answers:

- a. I was watching a movie with my friends.
- b. I was having a bath when I heard a phone call.
- c. My family was spending time at the beach when we went on a vacation together.