

# Adverbs of Frequency

Hello and welcome back, in this lesson we will be looking at adverbs of frequency.

5% 10% 15% 20%

25% 30% 40% 50%

Firstly, what is an **adverb**?

Adverbs modify a verb, an adjective, or another adverb.

Adverbs normally carry out these functions by answering questions such as:

**When?**



She arrives **early**.

**How?**



He drives **dangerously**.

**Where?**



They go everywhere **alone**.

**In what way? To what extent?**



He eats **quickly**.



It is **terribly** hot.

An adverb of frequency shows you how often something happens.  
This can be always = 100%, or never = 0%.

For example: I \_\_\_\_\_ go shopping.

always

sometimes

usually

occasionally

regularly

rarely

normally

seldom

often

never

For example:

| \_\_\_\_\_ go shopping.



| \_\_\_\_\_ play football.



| \_\_\_\_\_ gamble.



| \_\_\_\_\_ eat vegetables.



| \_\_\_\_\_ drink coffee.



# Word order

The order of the words is very important, and the position of the adverb changes depending on the verb.

These adverbs can go before the main verb As the verb is an action verb.

Subject => Auxiliary => **Adverb of frequency** => Verb => Rest

Subject	Auxiliary	Adverb of frequency	Verb	Rest
I		always	get up	at 6.45.
John	can	usually	play	football
Julie	has	sometimes	got	homework.



## Be verbs

Adverbs of frequency come after a form of to be (am, are, is) - (was, were).

Subject => be verb => **Adverb of frequency** => Rest

Subject	Be verb	Adverb of frequency	Rest
Susan	is	never	late.
I	am	always	happy
they	are	normally	chatty



## At the beginning?

The adverbs **often**, **usually**, **sometimes** and **occasionally** can start the sentence.

\_\_\_\_\_ I go swimming.



\_\_\_\_\_ we surf the internet.



\_\_\_\_\_ go to school



\_\_\_\_\_ I visit the doctor



## At the end?

Sometimes these adverbs can go at the end of a sentence.

I read \_\_\_\_\_

I swim \_\_\_\_\_

I Play football \_\_\_\_\_

I run \_\_\_\_\_

